# Family and Human Services (FHS) Program Major Requirements

# College of Education

**SAMPLE PROGRAM PLAN FOR FHS MAJOR REQUIREMENTS**

There are many ways to progress through the FHS program. This chart is only **one example** of possible sequencing for FHS major requirements. Faculty designed the FHS program to (a) create some flexibility in which courses you take and when, (b) allow you to take additional classes related to another major or a minor, and (c) graduate in four years. Four to five academic courses (a total of approximately 15-16 credits) are recommended per term. **Be sure to meet with a COE academic advisor each term to discuss additional university requirements required for your degree**.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **FALL TERM** | **WINTER TERM** | **SPRING TERM** |
| 1st Year |  FHS 213 FHS 215 |  FHS 216 CPSY 217 |  FHS 301 |
| 2nd Year |  FHS 228 FHS 330 |  FHS 331 |  Area D course  Area E course |
| 3rd Year |  FHS 420 Area E course |  FHS 471 FHS 492 PS & Fund: Area E course |  DSI: FHS 472 **(S26 FHS 410)** DSI: FHS 473 DSI: FHS 493 or 494 PS & Fund: FHS 490 FHS 401 |
| 4th Year |  DSI: FHS 472 DSI: FHS 473 PS & Fund: FHS 401 |  DSI: FHS 472 DSI: FHS 473 PS: FHS 401 |  DSI: FHS 472 DSI: FHS 473 PS & Fund: FHS 493 or 494 PS: FHS 401 |

***\*Excludes Core Ed Requirements and Electives***

*Students who are considering Study Abroad are strongly encouraged to participate in either the first or second year, when there is greater scheduling flexibility.*

# FHS Classes Offered by Term[[1]](#endnote-1)

|  |  |  |  |
| --- | --- | --- | --- |
| **Fall Term** | **Winter Term** | **Spring Term** | **SUMMER TERM** |
| CPSY 217 | CPSY 217 | CPSY 217 | FHS 213 |
| FHS 213 | FHS 213 | FHS 213 | FHS 301 |
| FHS 215 | FHS 215 | FHS 215 | FHS 401+ |
| FHS 216 | FHS 216 | FHS 216 | FHS 472+ / FHS 473+ |
| FHS 301 | FHS 301 | FHS 301 |  |
| FHS 228 | FHS 331 | FHS 329\*\* |  |
| FHS 330 | FHS 401 | FHS 330 |
| FHS 401 | FHS 471 | FHS 401 |
| FHS 420 | FHS 472+ / FHS 473+ | FHS 472+ / FHS 473+ |
| FHS 472+ / FHS 473+ | FHS 492 | FHS 490 |
|  |  | FHS 493 |  |
|  |  | FHS 494 |  |

**Core Education Requirements**

B.S. or B.A. Degree
Minimum = 180 credits (**62 of those credits must be at the 300-400 level to graduate)**

\*Core Education includes courses in these areas: Writing, Second Language, Math, Areas of Inquiry (in Arts and Letters, Social Science and Science), and Cultural Literacy (US: Difference, Inequality, Agency, and Global Perspectives); these courses are not included in the Sample Program Plan above.

\*\* FHS 329 is offered every other year, in even years.

**Fundamentals and Prevention Science (PS) tracks**

**Area A: Professional Studies** (39 credits needed)[[2]](#endnote-2)

|  |  |  |
| --- | --- | --- |
|   | FHS 213 | Issues for Children and Families (G, 4 cr) |
|   | FHS 215 | Exploring Family and Human Services (G, 3cr)  |
|   | FHS 216 | Diversity in Human Services (G, 4 cr) |
|   | CPSY 217 | Student Health and Well-Being (P/NP, 3 cr) |
|   | FHS 228 | Human Development in the Family Context (G, 3cr, FHS 215 pre-req) |
|   | FHS 301 | Professional and Scientific Writing (G, 3 cr, WR 121[[3]](#endnote-3) and FHS 215 pre-reqs) |
|   | FHS 330 | Individual Interventions in Ecological Contexts (G, 4cr, FHS 215, 216, and 301 pre-reqs) |
|   | FHS 331 | Group and Community Interventions (G, 3cr, FHS 330 pre-req) |
|   | FHS 420 | Research in Human Services (G, 3cr, 301 pre-req); SOC 311 or PSY 303 are automatic substitutions for FHS 420 |
|   | FHS 471 | Human Services Professional Ethics (G, 3cr, FHS 330 and 420 pre-reqs) |
|  \_ | FHS 490 |  Scientific Analysis and Interpretation (G, 3cr) |
|   | FHS 492 | Contemporary Issues in Public Health (G, 3cr, FHS 213 and 216 pre-reqs) |
|  |  |  |

**Area B: Intervention Skills** (choose one class from below; 3 credits needed)

|  |  |  |
| --- | --- | --- |
|   | FHS 493 | Child and Family: Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs) |
|   | FHS 494 | Adolescent and Adult Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs) |

**Area C: Research Experience** (3-7 credits needed)[[4]](#endnote-4)

|  |  |  |
| --- | --- | --- |
|   | FHS 401 | Research/ or 401 Research in another Department (P/NP, Fund = 3cr, PS = 7 cr) |
|  |  |  |

**Area D: Equity and Diversity** (4 credits needed)

A course that fulfills this requirement must explicitly address and seek to increase awareness of aspects of human diversity, equity, and social justice relevant to work in human services. A list of approved courses can be found on the [FHS student blog](https://fhs.uoregon.edu/).

**Area E: Professional Depth** (choose from one or more of the categories below; 9 credits needed)v

|  |  |  |
| --- | --- | --- |
|   | Research | Courses must explicitly provide training in research methods, statistics,grant writing, or application of these skills to advance human services. |
|   | Prevention & Public Policy | Courses in this category must explicitly address and seek to increase knowledge of prevention and/or public policy processes relevant to work in the human services. |
|   | Families & Relationships | Courses in this category must explicitly address and seek to increase knowledge of relationships or family systems as relevant to human services work. |

**TOTAL minimum credits to complete Fundamentals** = 58

**TOTAL minimum credits to complete PS** = 62

\*All enrolled FHS students are designated as pursuing the Fundamentals track unless you request to pursue the PS or DSI tracks. The PS track requires department approval. See the [Prevention Science Track](https://education.uoregon.edu/prevention-science-track%20) for more information.

**Direct Service Intensive Track**

**Area A: Professional Studies** (36 credits needed)ii

|  |  |  |
| --- | --- | --- |
|   | FHS 213 | Issues for Children and Families (G, 4 cr) |
|   | FHS 215 | Exploring Family and Human Services (G, 3cr)  |
|   | FHS 216 | Diversity in Human Services (G, 4 cr) |
|   | CPSY 217 | Student Health and Well-Being (P/NP, 3 cr) |
|   | FHS 228 | Human Development in the Family Context (G, 3cr, FHS 215 pre-req) |
|   | FHS 301 | Professional and Scientific Writing (G, 3 cr, WR 121iii and FHS 215 pre-reqs) |
|   | FHS 330 | Individual Interventions in Ecological Contexts (G, 4cr, FHS 215, 216, and 301 pre-reqs) |
|   | FHS 331 | Group and Community Interventions (G, 3cr, FHS 330 pre-req) |
|   | FHS 420 | Research in Human Services (G, 3cr, FHS 215 and 301 pre-reqs); SOC 311 or PSY 303 are automatic substitutions for FHS 420 |
|   | FHS 471 | Human Services Professional Ethics (G, 3cr, FHS 330 and 420 pre-reqs) |
|   | FHS 492 | Contemporary Issues in Public Health (G, 3cr, FHS 213 and 216 pre-reqs) |
|  |  |  |

**Area B: Intervention Skills** (choose one class from below; 3 credits needed)

|  |  |  |
| --- | --- | --- |
|   | FHS 493 | Child and Family: Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs) |
|   | FHS 494 | Adolescent and Adult Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs) |

**Area C: Research Experience** (1 credit needed)iv

|  |  |  |
| --- | --- | --- |
|   | FHS 401 | Research/ or 401 Research in another Department (P/NP, 1cr) |
|  |  |  |

**Area D: Equity and Diversity** (4 credits needed)

A course that fulfills this requirement must explicitly address and seek to increase awareness of aspects of human diversity, equity, and social justice relevant to work in human services. A list of approved courses can be found on the [FHS student blog](https://fhs.uoregon.edu/).

**Area E: Professional Depth** (choose from one or more of the categories below; 6 credits needed)v

|  |  |  |
| --- | --- | --- |
|   | Research | Courses must explicitly provide training in research methods, statistics,grant writing, or application of these skills to advance human services. |
|   | Prevention & Public Policy | Courses in this category must explicitly address and seek to increase knowledge of prevention and/or public policy processes relevant to work in the human services. |
|   | Families & Relationships | Courses in this category must explicitly address and seek to increase knowledge of relationships or family systems as relevant to human services work. |

**Additional Coursework for Direct Service Intensive (DSI) track** (TOTAL minimum credits to complete DSI = 62)

This track requires department approval. See the [FHS student blog](https://fhs.uoregon.edu/practica-placements/) for more information.

|  |  |  |
| --- | --- | --- |
|   | FHS 472 | Human Services in Prac (2cr x 4 terms; co-enroll in FHS 473 req, P/NP, 8cr, FHS 471 pre-req) |
|   | FHS 473 | Human Services Supervision (1cr/term, P/NP, 4cr, FHS 471 pre-req) |

1. *Typical,****but not guaranteed,*** *term(s) in which course is offered; always check with a COE advisor.*

+ *Indicates that departmental approval is required; please email* *fhs@uoregon.edu* *to request approval (please include your 95#).* [↑](#endnote-ref-1)
2. *All graded courses in the major must be taken for a letter grade and passed with a grade of C- or better.* [↑](#endnote-ref-2)
3. *WR 121 or its equivalents are required for all bachelor’s degrees at the UO (C-/P or better).* [↑](#endnote-ref-3)
4. *Students in the DSI track only need 1 credit of FHS 401, students in the Fundamentals track need 3 credits of FHS 401, and student in the PS track need 7 credits of FHS 401.*

*v Students in the DSI track only need 6 credits of Professional Depth, and students in the Fundamentals track and student in the PS track need 9 credits of Professional Depth.* [↑](#endnote-ref-4)