

## Family and Human Services (FHS) Program Major Requirements College of Education

### SAMPLE PROGRAM PLAN FOR FHS MAJOR REQUIREMENTS

There are many ways to progress through the FHS program. This chart is only **one example** of possible sequencing for FHS major requirements. Faculty designed the FHS program to (a) create some flexibility in which courses you take and when, (b) allow you to take additional classes related to another major or a minor, and (c) graduate in four years. Four to five academic courses (a total of approximately 15-16 credits) are recommended per term. **Be sure to meet with a COE academic advisor each term to discuss additional university requirements required for your degree.**

	FALL TERM	WINTER TERM	SPRING TERM
1 <sup>st</sup> Year	FHS 213 FHS 215	FHS 216 CPSY 217	FHS 301
2 <sup>nd</sup> Year	FHS 228 FHS 330	FHS 331	Area D course Area E course
3 <sup>rd</sup> Year	FHS 420 Area E course	FHS 471 FHS 492 PS & Fund: Area E course	DSI: FHS 472 DSI: FHS 473 DSI: FHS 493 or 494 PS & Fund: FHS 490 FHS 401
4 <sup>th</sup> Year	DSI: FHS 472 DSI: FHS 473 PS & Fund: FHS 401	DSI: FHS 472 DSI: FHS 473 PS: FHS 401	DSI: FHS 472 DSI: FHS 473 PS & Fund: FHS 493 or 494 PS: FHS 401

**\*Excludes Core Ed Requirements and Electives**

*Students who are considering Study Abroad are strongly encouraged to participate in either the first or second year, when there is greater scheduling flexibility.*

### FHS Classes Offered by Term<sup>i</sup>

<u>FALL TERM</u>	<u>WINTER TERM</u>	<u>SPRING TERM</u>	<u>SUMMER TERM</u>
CPSY 217	CPSY 217	CPSY 217	FHS 213
FHS 213	FHS 213	FHS 213	FHS 301
FHS 215	FHS 215	FHS 215	FHS 401 <sup>+</sup>
FHS 216	FHS 216	FHS 216	FHS 472 <sup>+</sup> / FHS 473 <sup>+</sup>
FHS 301	FHS 301	FHS 301	
FHS 228	FHS 331	FHS 329**	
FHS 330	FHS 401	FHS 330	
FHS 401	FHS 471	FHS 401	
FHS 420	FHS 472 <sup>+</sup> / FHS 473 <sup>+</sup>	FHS 472 <sup>+</sup> / FHS 473 <sup>+</sup>	
FHS 472 <sup>+</sup> / FHS 473 <sup>+</sup>	FHS 492	FHS 490 FHS 493 FHS 494	

### Core Education Requirements

B.S. or B.A. Degree

Minimum = 180 credits (**62 of those credits must be at the 300-400 level to graduate**)

\*Core Education includes courses in these areas: Writing, Second Language, Math, Areas of Inquiry (in Arts and Letters, Social Science and Science), and Cultural Literacy (US: Difference, Inequality, Agency, and Global Perspectives); these courses are not included in the Sample Program Plan above.

\*\* FHS 329 is offered every other year, in even years.

## Fundamentals and Prevention Science (PS) tracks

### Area A: Professional Studies (39 credits needed)<sup>ii</sup>

_____	FHS 213	Issues for Children and Families (G, 4 cr)
_____	FHS 215	Exploring Family and Human Services (G, 3cr)
_____	FHS 216	Diversity in Human Services (G, 4 cr)
_____	CPSY 217	Student Health and Well-Being (P/NP, 3 cr)
_____	FHS 228	Human Development in the Family Context (G, 3cr, FHS 215 pre-req)
_____	FHS 301	Professional and Scientific Writing (G, 3 cr, WR 121 <sup>iii</sup> and FHS 215 pre-reqs)
_____	FHS 330	Individual Interventions in Ecological Contexts (G, 4cr, FHS 215, 216, and 301 pre-reqs)
_____	FHS 331	Group and Community Interventions (G, 3cr, FHS 330 pre-req)
_____	FHS 420	Research in Human Services (G, 3cr, 301 pre-req); SOC 311 or PSY 303 are automatic substitutions for FHS 420
_____	FHS 471	Human Services Professional Ethics (G, 3cr, FHS 330 and 420 pre-reqs)
_____	FHS 490	Scientific Analysis and Interpretation (G, 3cr)
_____	FHS 492	Contemporary Issues in Public Health (G, 3cr, FHS 213 and 216 pre-reqs)

### Area B: Intervention Skills (choose one class from below; 3 credits needed)

_____	FHS 493	Child and Family: Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)
_____	FHS 494	Adolescent and Adult Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)

### Area C: Research Experience (3-7 credits needed)<sup>iv</sup>

_____	FHS 401	Research/ or 401 Research in another Department (P/NP, Fund = 3cr, PS = 7 cr)
-------	---------	-------------------------------------------------------------------------------

### Area D: Equity and Diversity (4 credits needed)

Course that fulfills this requirement must explicitly address and seek to increase awareness of aspects of human diversity, equity, and social justice relevant to work in human services. A list of approved courses can be found on the [FHS student blog](#).

### Area E: Professional Depth (choose from one or more of the categories below; 9 credits needed)<sup>v</sup>

_____	Research	Courses must explicitly provide training in research methods, statistics, grant writing, or application of these skills to advance human services.
_____	Prevention & Public Policy	Courses in this category must explicitly address and seek to increase knowledge of prevention and/or public policy processes relevant to work in the human services.
_____	Families & Relationships	Courses in this category must explicitly address and seek to increase knowledge of relationships or family systems as relevant to human services work.

**TOTAL minimum credits to complete Fundamentals = 58**

**TOTAL minimum credits to complete PS = 62**

\*All enrolled FHS students are designated as pursuing the Fundamentals track unless you request to pursue the PS or DSI tracks. The PS track requires department approval. See the [Prevention Science Track](#) for more information.

## Direct Service Intensive track

### Area A: Professional Studies (36 credits needed)<sup>ii</sup>

_____	FHS 213	Issues for Children and Families (G, 4 cr)
_____	FHS 215	Exploring Family and Human Services (G, 3cr)
_____	FHS 216	Diversity in Human Services (G, 4 cr)
_____	CPSY 217	Student Health and Well-Being (P/NP, 3 cr)
_____	FHS 228	Human Development in the Family Context (G, 3cr, FHS 215 pre-req)
_____	FHS 301	Professional and Scientific Writing (G, 3 cr, WR 121 <sup>iii</sup> and FHS 215 pre-reqs)
_____	FHS 330	Individual Interventions in Ecological Contexts (G, 4cr, FHS 215, 216, and 301 pre-reqs)
_____	FHS 331	Group and Community Interventions (G, 3cr, FHS 330 pre-req)
_____	FHS 420	Research in Human Services (G, 3cr, FHS 215 and 301 pre-reqs); SOC 311 or PSY 303 are automatic substitutions for FHS 420
_____	FHS 471	Human Services Professional Ethics (G, 3cr, FHS 330 and 420 pre-reqs)
_____	FHS 492	Contemporary Issues in Public Health (G, 3cr, FHS 213 and 216 pre-reqs)

### Area B: Intervention Skills (choose one class from below; 3 credits needed)

_____	FHS 493	Child and Family: Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)
_____	FHS 494	Adolescent and Adult Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)

### Area C: Research Experience (1 credit needed)<sup>iv</sup>

_____	FHS 401	Research/ or 401 Research in another Department (P/NP, 1cr)
-------	---------	-------------------------------------------------------------

### Area D: Equity and Diversity (4 credits needed)

Course that fulfills this requirement must explicitly address and seek to increase awareness of aspects of human diversity, equity, and social justice relevant to work in human services. A list of approved courses can be found on the [FHS student blog](#).

### Area E: Professional Depth (choose from one or more of the categories below; 6 credits needed)<sup>v</sup>

_____	Research	Courses must explicitly provide training in research methods, statistics, grant writing, or application of these skills to advance human services.
_____	Prevention & Public Policy	Courses in this category must explicitly address and seek to increase knowledge of prevention and/or public policy processes relevant to work in the human services.
_____	Families & Relationships	Courses in this category must explicitly address and seek to increase knowledge of relationships or family systems as relevant to human services work.

### Additional Coursework for Direct Service Intensive (DSI) track (TOTAL minimum credits to complete DSI = 62)

This track requires department approval. See the [FHS student blog](#) for more information.

_____	FHS 472	Human Services in Prac (2cr x 4 terms; co-enroll in FHS 473 req, P/NP, 8cr, FHS 471 pre-req)
_____	FHS 473	Human Services Supervision (1cr/term, P/NP, 4cr, FHS 471 pre-req)

---

<sup>i</sup> Typical, **but not guaranteed**, term(s) in which course is offered; always check with a COE advisor.

<sup>+</sup> Indicates that departmental approval is required; please email [fhs@uoregon.edu](mailto:fhs@uoregon.edu) to request approval (please include your 95#).

<sup>ii</sup> All graded courses in the major must be taken for a letter grade and passed with a grade of C- or better.

<sup>iii</sup> WR 121 or its equivalents are required for all bachelor's degrees at the UO (C-/P or better).

<sup>iv</sup> Students in the DSI track only need 1 credit of FHS 401, students in the Fundamentals track need 3 credits of FHS 401, and student in the PS track need 7 credits of FHS 401.

<sup>v</sup> Students in the DSI track only need 6 credits of Professional Depth, and students in the Fundamentals track and student in the PS track need 9 credits of Professional Depth.