**Breakout room discussion guide**

All readings and resources for this session are posted on the COE Cohesive Learning Institute website at: <https://education.uoregon.edu/cohesive-learning-institutes>

**Breakout room / Small group activity overview:** Take a moment to look over this document. You will see there are up to 6 rounds of topics for your group to consider. Each topic has a series of prompting ideas and questions below each. Your group will have 40 minutes to share and reflect on the SEL standards. There is also a suggested timeframe for transitioning through the 40 minutes. Below are a few steps to support collaborative facilitation of the breakout room or in-person small group discussion.

1. Introduce yourselves to one another.
2. Three people offer to take on the roles of **timekeeper, note taker,** and **reporter**.
3. A **facilitator** can then launch into the first topic. People can do a share around on this topic as time permits
4. The **timekeeper** will prompt the group about when they may wish to move on to the next topic. It is also fine to elect to stay on a topic if that is useful.
5. Toward the last five minutes have the **note-taker** and **the reporter** lead a quick discussion on one take away to share out with the whole group.

**Small group discussion topic 1: Supportive Classroom Climate**

* Discuss the results for the supportive classroom climate section of the self-assessment: [SEL in the Classroom: Self -Assessment](https://schoolguide.casel.org/resource/sel-in-the-classroom-self-assessment/)
  + For statements you marked as “often,” how has it had an impact?
  + For indicators that you rate as “sometimes” or “infrequently,” consider what strategies, resources, or support you may want to use to create a more supportive climate.
  + For indicators you rate as “unsure,” consider what additional information or feedback you want to gather.

**Small group discussion topic 2: Fostering an Academic Mindset**

* How do you foster an academic mindset in your teaching? Use the following 4 academic mindsets to prompt thinking/discussion
  + “I belong in this academic community”
  + “My ability and confidence grow with my effort”
  + “I can succeed at this”
  + “My work has value”
  + Source: [CASEL: Integration of SEL and Academics](https://schoolguide.casel.org/focus-area-3/classroom/integration-of-sel-and-instruction/)

**Small group discussion topic 3: Academic Risk-Taking**

“Academic risk-taking requires a classroom that is supportive of failure. Students must feel that they are in a safe environment to make mistakes; otherwise, they are not going to be comfortable with taking risks that may have unsuccessful outcomes” –From [Encouraging Academic Risk Taking](https://www.flyfivesel.org/article/encouraging-academic-risk-taking/)

* What do you do in your classroom to prepare and encourage students to take academic risks and to frame mistakes as part of learning?
* Additional resources:
  + [Cult of Pedagogy: Is your classroom academically safe?](https://www.cultofpedagogy.com/academic-risk-taking/)
  + [Edutopia: A Classroom Full of Risk Takers](https://www.edutopia.org/article/classroom-full-risk-takers/)

**Small group discussion topic 4: Elevating Student Voice**

Consider the following:

* Does the learning environment reflect the diversity of students, families and communities represented in the school? How do you ensure student voices are heard/included?
* Are students able to take responsibility for their learning? What does this look like and sound like?
* How does the classroom environment encourage student ownership of learning? Does the physical design of your classroom reflect open, shared, flexible learning? Are there options for how students use the space, move about the room and gain autonomy?
* Resource: [Invite Students to Co-Design their Learning Environment](https://iste.org/blog/Invite-students-to-co-design-their-learning-environment)

**Small group discussion topic 5: Family Partnerships**

* How can families and community members be meaningfully involved in supporting and reinforcing SEL practices?
* What strategies can we use to collaborate with families and communities to promote SEL in students’ lives outside of school?

**Next Session: Session II | Friday, April 11 |** **4:00-5:30**  
Readings for session #3 ([Additional choice readings on the website](https://education.uoregon.edu/cohesive-learning-institutes))

* Aligning SEL and Academic Objectives <https://schoolguide.casel.org/focus-area-3/classroom/integration-of-sel-and-instruction/aligning-sel-and-academic-objectives/>
* Transforming Education's SEL Integration Approach for Classroom Educators <https://files.cdn.thinkific.com/file_uploads/276216/attachments/6f8/5c2/b76/SEL-Integration-Approach-Quick-Reference-Guide.pdf>

**Session II – Relevant Links:**

* A Supportive Classroom Environment | CASEL <https://schoolguide.casel.org/focus-area-3/classroom/a-supportive-classroom-environment>
* How to Foster a Growth Mindset in the Classroom <https://soeonline.american.edu/blog/growth-mindset-in-the-classroom/>
* Fostering Academic Mindsets <https://schoolguide.casel.org/focus-area-3/classroom/integration-of-sel-and-instruction/fostering-academic-mindsets/>
* And …Complete SEL in the Classroom Self-Assessment <https://schoolguide.casel.org/resource/sel-in-the-classroom-self-assessment/>
* Promoting Young Children’s Social and Emotional Health <https://www.naeyc.org/resources/pubs/yc/mar2018/promoting-social-and-emotional-health>
* 3 Ways to Integrate SEL into Classroom Practices <https://www.edutopia.org/article/sel-strategies-classroom-management>
* Invite Students to Co-Design their learning environment <https://iste.org/blog/Invite-students-to-co-design-their-learning-environment>
* Is Your Classroom Academically Safe? <https://www.cultofpedagogy.com/academic-risk-taking/>
* Restorative Practices: Fostering Healthy Relationships and Promoting Positive Discipline in Schools <https://files.cdn.thinkific.com/file_uploads/276216/attachments/e8c/81e/17e/restorative-practices-guide.pdf>
* Developing Academic Mindsets that Foster Growth, Development and Innovation <https://katielmartin.com/2017/09/07/developing-academic-mindsets-that-foster-growth-development-and-innovation/>
* TED Talk | Rita Pierson | Every Child Needs a Champion Rita Pierson - <https://www.ted.com/talks/rita_pierson_every_kid_needs_a_champion?subtitle=en>
* Accentuate The Positive: The transformative power of small encouragements and welcoming interactions [https://www.gse.harvard.edu/ideas/usable-knowledge/16/12/accentuate-positive](https://www.gse.harvard.edu/ideas/usable-knowledge/16/12/accentuate-positive  )
* Incorporating Indigenous Practices to support Social Emotional Learning: <https://ospi.k12.wa.us/sites/default/files/2023-10/incorporating_indigenous_practices_508c.pdf>

Whole Child Approach-National Indian Education Association: <https://www.niea.org/whole-child-approach>

* Building a space to dream: Supporting Indigenous children's survivance through community-engaged social and emotional learning: <https://srcd.onlinelibrary.wiley.com/doi/full/10.1111/cdev.13786>
* Supporting Students Who Are Often Absent: <https://www.learningforjustice.org/magazine/supporting-students-who-are-often-absent>
* SEL for English Language Learners: What Educators Need to Know: <https://www.colorincolorado.org/article/sel-english-language-learners-what-educators-need-know>