

Family and Human Services (FHS) Program Major Requirements
College of Education

SAMPLE PROGRAM PLAN FOR FHS MAJOR REQUIREMENTS

There are many ways to progress through the FHS program. This chart is only **one example** of possible sequencing for FHS major requirements. Faculty designed the FHS program to (a) create some flexibility in which courses you take and when, (b) allow you to take additional classes related to another major or a minor, and (c) graduate in four years. Four to five academic courses (a total of approximately 15-16 credits) are recommended per term. **Be sure to meet with a COE academic advisor each term to discuss additional university requirements required for your degree.**

	FALL TERM	WINTER TERM	SPRING TERM
1 st Year	FHS 213 FHS 215	FHS 216 CPSY 217	FHS 301
2 nd Year	FHS 328 FHS 330	FHS 331	Area C course Area D course
3 rd Year	FHS 420 Area D course	FHS 471 FHS 492	DSI: FHS 472 DSI: FHS 473 FHS 493 or FHS 494
4 th Year	DSI: FHS 472 DSI: FHS 473 FHS 401	DSI: FHS 472 DSI: FHS 473 PS: FHS 401	DSI: FHS 472 DSI: FHS 473 PS: FHS 490

Excludes Core Ed Requirements and Electives

Students who are considering Study Abroad are strongly encouraged to participate in either the first or second year, when there is greater scheduling flexibility.

FHS Classes Offered by Termⁱ

FALL TERM

CPSY 217
FHS 213
FHS 215
FHS 216
FHS 301
FHS 328
FHS 330
FHS 401
FHS 420
FHS 472⁺ / FHS 473⁺

WINTER TERM

CPSY 217
FHS 213
FHS 215
FHS 216
FHS 301
FHS 331
FHS 401
FHS 471
FHS 472⁺ / FHS 473⁺
FHS 492

SPRING TERM

CPSY 217
FHS 213
FHS 215
FHS 216
FHS 301
FHS 329
FHS 330
FHS 401
FHS 472⁺ / FHS 473⁺
FHS 490
FHS 493
FHS 494

SUMMER TERM

FHS 213
FHS 301
FHS 401⁺
FHS 472⁺ / FHS 473⁺

Core Education Requirements

B.S. or B.A. Degree
 Minimum = 180 credits

Core Education includes courses in these areas: Writing, Second Language, Math, Areas of Inquiry (in Arts and Letters, Social Science and Science), and Cultural Literacy (US: Difference, Inequality, Agency, and Global Perspectives); these courses are not included in the Sample Program Plan above.

Area A: Professional Studies (36 credits needed)ⁱⁱ

- _____ FHS 213 Issues for Children and Families (G, 4 cr)
- _____ FHS 215 Exploring Family and Human Services (G, 3cr, FHS 213 pre-req or co-req)
- _____ FHS 216 Diversity in Human Services (G, 4 cr)
- _____ CPSY 217 Student Health and Well-Being (P/NP, 3 cr)
- _____ FHS 301 Professional and Scientific Writing (G, 3 cr, WR 121ⁱⁱⁱ and FHS 215 pre-reqs)
- _____ FHS 328 Human Development in the Family Context (G, 3cr, FHS 215, and 301 pre-reqs)
- _____ FHS 330 Individual Interventions in Ecological Contexts (G, 4cr, FHS 215, 216, and 301 pre-reqs)
- _____ FHS 331 Group and Community Interventions (G, 3cr, FHS 330 pre-req)
- _____ FHS 420 Research in Human Services (G, 3cr, FHS 215 and 301 pre-reqs); SOC 311 or PSY 303 are automatic substitutions for FHS 420
- _____ FHS 471 Human Services Professional Ethics (G, 3cr, FHS 330 and 420 pre-reqs)
- _____ FHS 492 Contemporary Issues in Public Health (G, 3cr, FHS 213 and 216 pre-reqs)

Area B: Intervention Skills (choose one class from below; 3 credits needed)

- _____ FHS 493 Child and Family: Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)
- _____ FHS 494 Adolescent and Adult Advanced Interventions and Case Management (G, 3cr, FHS 331 and 471 pre-reqs)

Area C: Research Experience (1-2 credits needed)^{iv}

- _____ FHS 401 Research/ or 401 Research in another Department (P/NP, 1cr = DSI, 2 cr = PS)

Area D: Equity and Diversity (4 credits needed)

Course that fulfills this requirement must explicitly address and seek to increase awareness of aspects of human diversity, equity, and social justice relevant to work in human services. A list of courses is on the [FHS student blog](#).

Area E: Professional Depth (choose from one or more of the categories below; 6 credits needed)^v

- _____ Research Courses must explicitly provide training in research methods, statistics, grant writing, or application of these skills to advance human services.
- _____ Prevention & Intervention Courses must explicitly seek to increase knowledge of prevention and/or intervention approaches relevant to human service careers.
- _____ Organization & Public Policy Courses must explicitly seek to increase knowledge or organizational structures or public policy processes relevant to human services work.

Additional Coursework for Prevention Science (PS) Emphasis (TOTAL minimum credits to complete major = 54)

All enrolled FHS majors are designated as pursuing the PS emphasis unless you request to pursue the DSI emphasis. See details below to request the DSI emphasis.

- _____ FHS 490 Scientific Analysis and Interpretation (G, 3cr)

Additional Coursework for Direct Service Intensive (DSI) Emphasis (TOTAL minimum credits to complete major = 62)
Requires additional paperwork to request and to be approved for the DSI emphasis. See the [FHS student blog](#).

_____ FHS 472 Human Services in Prac (2cr x 4 terms; co-enroll in FHS 473 req, P/NP, 8cr, FHS 471 pre-req)
_____ FHS 473 Human Services Supervision (1cr/term, P/NP, 4cr, FHS 471 pre-req)

ⁱ Typical, **but not guaranteed**, term(s) in which course is offered; always check with a COE advisor.

⁺ Indicates that departmental approval is required; please email fhs@uoregon.edu to request approval (please include your 95#).

ⁱⁱ All graded courses in the major must be taken for a letter grade and passed with a grade of C- or better.

ⁱⁱⁱ WR 121 or its equivalents are required for all bachelor's degrees at the UO (C-/P or better).

^{iv} Students with the DSI emphasis only need 1 credit of FHS 401. Students with the PS emphasis need 2 credits of FHS 401.

^v Professional Depth courses and Equity & Diversity courses must be passed with a grade of C- or better.